

NOTICE TO EACH RESIDENT OF MUTUAL NO. 12

You are responsible for your own safety and well-being before, during and after any disaster or emergency !

DO NOT EXPECT MUTUAL 12 TO RESCUE YOU

IN THE EVENT OF A DISASTER, SUCH AS AN EARTHQUAKE, IT IS YOUR INDIVIDUAL RESPONSIBILITY TO BE PREPARED. USE THIS CHECK LIST AS A GUIDE TO BUILD YOUR OWN DISASTER SUPPLY KIT (“GO BAG”) FOR YOUR INDIVIDUAL AND FAMILY NEEDS.

Home Disaster Supply Kit (should include enough food, water, and other important items to last everyone in your household at least three days (72 hours))

- Water (1 gallon per person per day)
- Non-perishable food and manual can opener
- Battery powered radio and extra batteries
- Flashlights (one per person) and extra batteries
- Battery pack, charging cable
- First aid kit, including manual
- Emergency Blanket
- Prescription medications
- Contact lists (in-state, out of state)
- Clothing, shoes, hard hat/helmet
- Spare eyeglasses
- Whistle to signal for help
- Dust mask, goggles to filter contaminated air
- Personal sanitation items (soap, shampoo, toothbrushes, etc.)
- Portable shelter (tent, sheet, or blankets with duct tape)
- Toilet paper and garbage bags for waste
- Tool kit, including wrench to turn off utilities
- Heavy gloves for clearing debris
- ABC fire extinguisher
- Litter or sand (spills and traction)
- Cooking/eating necessities, including cups, plates, utensils and paper towel
- Local maps
- Cash (small bills and change)
- Copies of important family documents
- Food, water and supplies for pets